

NOURISH PROTECT RENEW

YOUR TRIPLE-ACTION CELLULAR NUTRITION SYSTEM



USANA CELLSENTIALS™

with USANA INCELLIGENCE TECHNOLOGY™

Core Minerals and Vita-Antioxidant with the InCelligence Complex make up the CellSentials. This advanced cellular nutrition system delivers unique triple-action support to nourish cells, stimulate natural antioxidant production for enhanced cellular renewal.

MINERALS + ASCORBIC ACID

EACH TABLET CONTAINS:

MAGNESIUM (EQUIVALENT TO 408.33 mg MAGNESIUM CITRATE AND 118.85 mg MAGNESIUM ASCORBATE)	56.25 mg
CALCIUM (EQUIVALENT TO 223.81 mg CALCIUM CITRATE AND 101.65 mg CALCIUM ASCORBATE)	56.25 mg
ASCORBIC ACID (EQUIVALENT TO 118.85 mg MAGNESIUM ASCORBATE AND 101.65 mg CALCIUM ASCORBATE)	150 mg
N-ACETYL-L-CYSTEINE	48 mg
BORON (EQUIVALENT TO 30 mg BORON CITRATE)	750 mcg
ZINC (EQUIVALENT TO 16.41 mg ZINC CITRATE)	5 mg
CHROMIUM (EQUIVALENT TO 15.75 mg CHROMIUM POLYNICOTINATE)	75 mcg
IODINE (EQUIVALENT TO 6.25 mg POTASSIUM IODIDE)	125 mcg
SELENIUM (EQUIVALENT TO 5.78 mg L-SELENIOMETHIONINE AND 5.49 mg SODIUM SELENITE)	50 mcg
MANGANESE (EQUIVALENT TO 4.77 mg MANGANESE GLUCONATE)	500 mcg
COPPER (EQUIVALENT TO 3.75 mg COPPER GLUCONATE)	500 mcg
VANADIUM (EQUIVALENT TO 2 mg VANADIUM CITRATE)	10 mcg
MOLYBDENUM (EQUIVALENT TO 1.31 mg MOLYBDENUM CITRATE)	12.5 mcg
TRACE MINERALS (CONTAINS CHLORIDE, MAGNESIUM, SULFATE, SODIUM, POTASSIUM, LITHIUM, AND BORON)	750 mcg

USANA CORE CELLSENTIALS

MULTIVITAMINS + HERBS + CHOLINE BITARTRATE + ALPHA-LIPOIC ACID + COENZYME Q10 + LYCOPENE

EACH TABLET CONTAINS:

VITAMIN C (100 mg ASCORBIC ACID FROM CALCIUM ASCORBATE)	65.63 mg	SOPHORA JAPONICA L. BUD	26.52 mg
POTASSIUM ASCORBATE	44.63 mg	COENZYME Q10 (UBIQUINONE) 10 mg ACID	10 mg
MAGNESIUM ASCORBATE	18.63 mg	LYCOPENE	150 mcg
ZINC ASCORBATE	1.31 mg	CHOLINE BITARTRATE	25 mg
N-ACETYL-L-CYSTEINE	20 mg	LYCOPENE	150 mcg
BIOTIN (EQU. TO 70 mg D-GAMMA-D-RIEFL. D-BIOTIN DIBENZOYLDERIVATIVE)	48 mg	LYCOPENE	150 mcg
CHOLINE BITARTRATE	65.5 mg	LYCOPENE	150 mcg
BIOTIN	41.2 mg	LYCOPENE	150 mcg
VITAMIN E (AS D-ALPHA-TOCOPHEROL SUCCINATE) (EQU. TO 20 IU VITAMIN E)	25 mg	LYCOPENE	150 mcg
ALPHA-LIPOIC ACID	25 mg	LYCOPENE	150 mcg
BIOTIN	25 mg	LYCOPENE	150 mcg
CITRUS SPP. L. FRUIT CONTAINING ESSENTIAL OILS	25.57 mg	LYCOPENE	150 mcg
PANTOTHENIC ACID	22.5 mg	LYCOPENE	150 mcg
BIOTIN	20 mg	LYCOPENE	150 mcg
VITAMIN B6 (AS HYDROXYCOBAMIN SUCCINATE) (EQU. TO 20 mg VITAMIN B6)	21 mg	LYCOPENE	150 mcg
VITAMIN B12 (AS CYANOCOBALAMIN)	250 mcg	LYCOPENE	150 mcg
VITAMIN B1 (AS THIAMIN HYDROCHLORIDE)	7.5 mg	LYCOPENE	150 mcg
VITAMIN B2 (AS RIBOFLAVIN)	7.5 mg	LYCOPENE	150 mcg
VITAMIN B3 (AS NICOTINAMIDE)	7.5 mg	LYCOPENE	150 mcg
VITAMIN B5 (AS PANTOTHENIC HYDROCHLORIDE)	25 mg	LYCOPENE	150 mcg
VITAMIN B7 (AS BIOTIN)	25 mg	LYCOPENE	150 mcg
VITAMIN B9 (AS FOLIC ACID)	250 mcg	LYCOPENE	150 mcg
VITAMIN K2 (AS MENAQUINONE-7)	150 mcg	LYCOPENE	150 mcg
VITAMIN K1 (AS PHYLLOQUINONE)	150 mcg	LYCOPENE	150 mcg

VITA-ANTIOXIDANT

- Many people don't get enough essential nutrition in their everyday diet. This problem can be detrimental to overall health.
- CellSentials provide optimal amounts of micronutrients, including exogenous antioxidants (ones found in food or supplements), to help keep your cells healthy. Most supplements can nourish your cells, but with InCelligence Complex, CellSentials a true innovation. It's made with U.S. patent-pending USANA InCelligence Technology. The InCelligence Complex contains 8 powerful ingredients:

- Resveratrol
- Quercetin
- Hesperidin
- Rutin
- Alpha-lipoic acid
- Green tea extract
- Meriva
- Olivol

NOURISH

PROTECT

- USANA InCelligence Technology enhances the protection of your cells by signaling them to increase the production of their own antioxidants.
- These are called endogenous antioxidants (ones naturally produced by the body), which are potentially hundreds of times more powerful in neutralizing free radicals than exogenous antioxidants.
- This helps your cells to better protect themselves.

- Mitochondria are the powerhouses of your cells. The process of cellular energy production creates a lot of free radicals, which, over time, will damage some of your mitochondria.
- USANA InCelligence Technology signals your cells to increase the rate of their natural clean-up process, called mitophagy, to remove or recycle damaged mitochondria.
- This allows your cells to function more smoothly and to easily support efficient energy production.

RENEW

UHS ESSENTIAL HEALTH PHILIPPINES INC.

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TRUE HEALTH - IT'S ESSENTIAL!

Your personal nutrition plan starts with a simple system of supplements. Together, Vita-Antioxidant and Core Minerals are USANA's triple-action nutritional system with patent-pending cell-signaling technology that delivers essential nutrition for the health of your cells. This duo delivers a broad range of vitamins, minerals, and antioxidants to support the health of your entire body from the cell up.

USANA CELLSENTIALS

Item #101 - 112 Tablets/Bottle

On the most basic, human level, there are certain nutrients everyone needs. While there is no replacement for a healthy diet, the USANA Cellsentials can help ensure you get the right amounts of the right nutrients to help you feel your best every day.

USANIMALS

Item #105 - 56 Tablets/Bottle

This contains an array of antioxidants, vitamins, and minerals, in amounts designed especially for active, growing children.

CARDIOVASCULAR SYSTEM

The cardiovascular system includes the heart and blood vessels. It is responsible for circulating blood, which carries nutrients, oxygen, and blood cells throughout the body.



PROFLAVANOL® C¹⁰⁰

Item #110 - 56 Tablets/Bottle

Supports circulation, immune function, and skin health.



COQUINONE® 30

Item #123 - 56 Capsules/Bottle

Supports cellular energy production and heart and healthy nerve function.

CELLULAR FUNCTION

The fundamental molecules of life, cells have unique functions in every part of the body. Our health depends on repairing and regenerating cells to keep them functioning properly.



PROGLUCAMUNE

Item #146 - 56 Tablets/Bottle

Contains zinc and the Beta-Glucan Complex made with USANA InCelligence Technology™ from baker's yeast, reishi and shiitake mushroom extracts. It supports immunity, adaptation to mild occasional stress, and energy levels.



BIOMEGA

Item #122 - 56 Capsules/Bottle

Supports heart, brain, skin, eye, joint, and bone health. Helps maintain a normal, healthy inflammatory response and is important for daily fatty acid support.



BIOMEGA JR.

Item #144 - 14 Packets/Box

A delicious burst of omega-3 fatty acids and vitamin D that promotes healthy minds and bodies especially designed for children.

NERVOUS SYSTEM

Consisting of the brain, spinal cord, and nerves, the nervous system collects and processes information from inside and outside the body and sends relevant commands to the muscles and glands throughout the body.



VISIONEX®

Item #134 - 56 Tablets/Bottles

Supports long-term eye health and visual performance. Helps maintain the structure and integrity of the lens.

ENDOCRINE SYSTEM

The endocrine system is a group of glands that regulates body processes by producing hormones, the chemical messengers in the body. These hormones affect various glands in the body



PHYTOESTRIN™

Item #129 - 90 Capsules/Bottle

Contains Soy Isoflavones and herbs such as chasteberry powder and black cohosh, which can help support the transition into menopause.



PALMETTO PLUS™

Item #128 - 30 Capsules/Bottle

A science-based supplement for men that supports long-term prostate health



PURE REST™

Item #141 - 56 Tablets/Bottle

Supports natural sleep and wake cycle for better cellular function.

DIET AND ENERGY

NUTRIMEAL™

Net Wgt 531 grams /Gusset

Nutrimeal shakes are nutritionally balanced meal replacements. Their low-glycemic formulas are designed to deliver sustained energy and control hunger.



WILD STRAWBERRY ITEM# 212



DUTCH CHOCOLATE ITEM# 210



FRENCH VANILLA ITEM# 211



REV3 ENERGY SURGE PACK

14 Packets/Pouch • Item# 139

Experience the energizing benefits of Rev3 in a convenient, ready-to-mix pack. The Rev3 Energy Surge Pack is perfect to take with you wherever you go. Simply mix with a bottle of water and enjoy this fresh, scientifically formulated alternative to the typical energy drink.

DIGESTIVE SYSTEM

From the mouth to the colon, the digestive system includes all the organs involved in breaking food down into forms that are useable by the body and removing waste and toxins.



HEPASIL DTX™

Item #135 - 84 Tablets/Bottle

Formulated with the InCelligence Detox-Support Complex to support healthy liver function by energizing the body's normal production of glutathione and helping balance natural detoxification processes.



USANA® PROBIOTIC

Item #108 - 14 Packets/Box

Supports digestive health with a unique blend of probiotics that brings balance to your belly.

SKELETAL SYSTEM

Bones, cartilage, and connective tissues make up the skeletal system. This important framework of the body provides us with support, allows for a wide range of movement, and protects internal organs.



PROCOSA®

A groundbreaking joint-health formula with the InCelligence™ Joint-Support Complex of Meriva® bioavailable curcumin and vegetarian glucosamine. Helps maintain healthy cartilage.

MAGNECAL D™

Item #100 - 30 Tablets/Bottle

A balanced magnesium and calcium supplement fortified with vitamin D to support bone health and more. USANA's MagneCal D can help you get sufficient amounts of magnesium, calcium, and vitamin D every day to help in the maintenance of your bones and teeth.

