



Your Guide to USANA® Supplements

For a personal health assessment, please visit www.truehealthassessment.com

Essential Nutrition

CellSentials™: Core Minerals and Vita-Antioxidant

- advanced amounts of micronutrients to nourish, protect, and renew cells
- work together to support vibrant health



HealthPak™

- full daily dose of the USANA® CellSentials, MagneCal™, and CellSentials Booster in convenient AM/PM packs



CellSentials Booster

- made entirely with USANA InCelligence™ Technology
- boosts the protective and renewal power of the CellSentials



MagneCal™

- supports bone health and more with balanced calcium and magnesium



Cardiovascular System

Proflavanol® C¹⁰⁰ H

- provides antioxidants for the maintenance of good health
- helps support balanced immune function



CoQuinone™ 30

- an optimal combination of coenzyme Q10 and alpha-lipoic acid
- helps support a normal, healthy cardiovascular system



CoQuinone™ 100

- more than three times the strength of regular CoQuinone 30



Nervous System

Visionex™



- advanced eye health supplement
- antioxidant formula designed to help support healthy eyes

Ginkgo-PS™



- unique *Ginkgo biloba* formula helps to enhance memory in adults

Cellular Function

Proglucamune™



- contains the InCelligence® Beta-Glucan Complex
- supports healthy immunity, even during times of occasional stress

BiOmega™



- high-quality, ultra-pure fish oil supplement
- supports sound cardiovascular health

Vitamin D



- helps to prevent vitamin D deficiency
- promotes strong bones and teeth

Poly C®



- USANA's proprietary, advanced vitamin C supplement
- helps in immune health and the development and maintenance of bones, cartilage, teeth, and gums

Skeletal System

Active Calcium Plus™



- complete bone health formula for adults and young adults
- helps maintain strong, mineral-rich bones

USANA® MagneCal D™



- comprehensive formula with calcium, magnesium, and vitamin D
- helps in the maintenance of bones and teeth

Procosa®



- groundbreaking formula that supports optimal joint health
- contains the InCelligence Joint-Support Complex made with glucosamine and Meriva®† bioavailable curcumin

Endocrine System

PhytoEstrin™



- supplement to help relieve symptoms associated with menopause and premenstrual symptoms

Pure Rest™



- fast-acting melatonin supplement
- supports the body's natural sleep and wake cycles

Palmetto Plus™



- supplement to help relieve the urological symptoms associated with mild to moderate benign prostate hyperplasia

Digestive System

USANA® Probiotic



- unique blend of two probiotic bacteria strains, clinically proven to survive the harsh acidic environment of the stomach
- promotes healthy digestion

USANA® Digestive Enzyme



- helps support healthy digestion
- helps resolve stomach upset associated with eating too quickly
- supports the body's natural detoxification processes

Hepa Plus® H



- supports and balances the body's natural detoxification processes
- helps protect against oxidative stress

USANA for all Generations

Body Rox™



- daily vitamin, mineral, and antioxidant supplement for teenagers
- helps compensate for teens' erratic eating habits

BiOmega™ Jr.



- omega-3 supplement in an orange-pineapple flavoured gel
- supports healthy brains and bodies

Usanimals™



- daily vitamin, mineral, and antioxidant supplement for children ages 24 mos. to 12 yrs.
- supports healthy growth and development

Prenatal CellSentials®: Vita-Antioxidant™ and Prenatal Core Minerals™



- A comprehensive supplement system for pregnant women and their developing babies

† Meriva is a trademark of Indena S.p.A.